



DR. PHILLIPS/WINDERMERE OFFICE
6735 CONROY-WINDERMERE ROAD
SUITE 309, ORLANDO, FL 32835

WELCOME!

Thank you for choosing AHPI as your Neurofeedback provider. The information provided within this welcome packet will help answer most of the questions that you might have regarding this process.

CONSULTATION

During your consultation we will discuss the process of what takes place at each and every visit you or your loved one will experience. The nature of the visit is mainly to answer any questions about Brainmapping, Neurofeedback and Neurotransmitter Testing; how it works, what to expect and the associated costs.

Consults usually take less than an hour and we will schedule you for the initial Brainmap appointment at the end of the consult if you choose to begin.

BRAINMAPPING

The Brainmapping appointment will involve placing a “swim cap” with delicate sensors that listen to brainwaves over the head. In order for the sensor to make contact with the scalp we have to insert a gel into the cap using a preloaded syringe. The gel is messy and will require to be washed of the hair at the end of the Brainmapping session.

The total recording time will vary from 3-6 minutes for an “eyes open” and an “eyes closed” recording each. For the eyes closed recording we will place soft cotton pads over the eyes to eliminate any eye blinking. The pads are held in place with surgical tape.

The entire appointment can take up to 1 (one) hour depending on several factors but can typically be completed in a shorter period of time. You will receive a Brainmapping Preparation sheet by email to help you get ready for the recording. Results are usually reported within a week.

We will schedule you for the Report of Findings (ROF) appointment as soon as we receive the results.



NEUROSCIENCE TESTING

Sanesco neurotransmitter testing allows us to get a baseline look at multiple neurotransmitters that are essential for healthy brain function. The tests are non-invasive and can be done at home through either saliva or urine collection kits. The brain is electrochemical so through Brainmapping we can see the electrical impulses and with neurotransmitter testing we can FULLY assess the brain.



These tests are critical because they provide us with the supplementation protocols that can balance neurotransmitter levels while we do the NewroLogix Neurofeedback training.

REPORT OF FINDINGS (ROF)

During the ROF we will discuss the findings from the Brainmap recording. This appointment will answer a lot of questions about why the brain is processing the information we receive the way that it does. The report will outline the power and distribution of the brainwaves in each of the 19 areas we mapped during the recording as well as other analytics we need to design a protocol for the Neurofeedback training.

We will discuss the process of Neurofeedback and what to expect when you come for the first session.

The ROF appointment will take about 1 (one) hour.

If you choose to proceed, we will schedule you for your first NewroLogix Neurofeedback session at the end of the ROF.

NEUROLOGIX NEUROFEEDBACK

Neurofeedback appointments consist of watching a chosen movie from a DVD of your liking. We have an extensive library but you are more than welcome to bring an age appropriate movie to watch during your session. Neurofeedback works by changing brainwave patterns to match desired states that are conducive to being well balanced, focused, calm and in control.

As you watch the movie, the software tells the brain when it is in the desired state by “rewarding” it with a bright well lit screen on the TV monitor. At the same time the software will “discourage” the brain from producing unfavorable brainwave patterns by darkening the screen when these brainwave patterns appear. Through a process called “operant conditioning”, the brain learns how to control the brightness of the screen by producing only the favored brainwave patterns. This “trains” the brain and it learns new patterns.



NewroLogix Neurofeedback sessions take about 30 minutes from start to finish. We use single sensors instead of the swim cap and use a paste instead of the gel. This minimizes the messiness.

Some people experience slight dizziness after a session but this is uncommon. Others report feeling tired for about an hour after the initial sessions but this also is short lived once the brain becomes accustomed to the training regimen.

WHEN DO WE REMAP?

At an intermittent point during the protocol we will present the option to remap in order to help guide and inform us of the brains progress since its first session. This remapping gives us the ability to compare the first map to the mid protocol map. This map may or may not be required depending on the progress we see during the early sessions.

Some families elect to remap at the end of the protocol to see the comparison of before and after. This is not required.



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DOES MY INSURANCE COVER THIS?

Your insurance company may or may not provide reimbursement for the Neurofeedback services we provide. You can request that your insurance company reimburse you for the associated cost. This is between you and your insurance company. We can provide you with an itemized receipt for the services along with the billing/procedure codes they will request but we cannot advocate beyond that. The receipt for services and itemized billing will come directly from AHPI upon request.

ADDITIONAL TESTING

Should you require further studies we will work with your doctor to share our findings and explain them to our best abilities. We work with several offices who refer to us in the hopes that NewroLogix will help their clients. These additional tests and services are not covered within the scope of the services we offer at our office so those costs will be handled separately by you and your doctor. Once the doctor completes his/her testing they will usually share those findings with us to better help us modify your training.

LOCATION

We are conveniently located near the Dr. Phillips/Windermere area off of I-4 on Conroy-Windermere Road at the intersection of Turkey Lake Road in the Windermere Business Center

